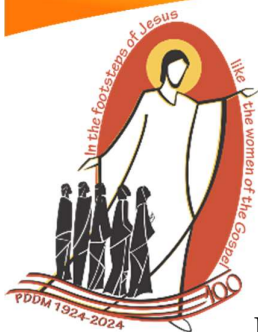


Disciples India

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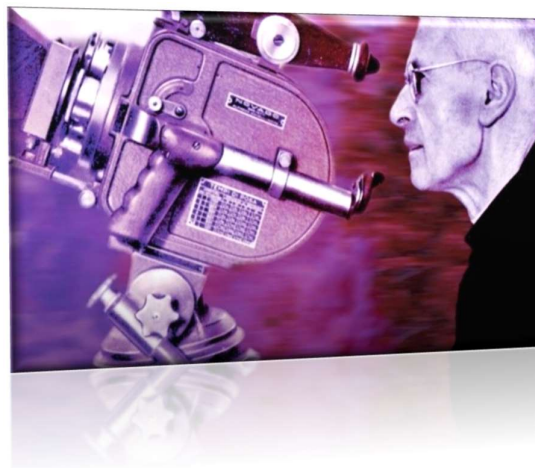
One Hundred Years Ago... 1923 - 2023

EVERYONE DREAMS, we are told, but not everyone remembers all their dreams. Some dreams have been described as powerful experiences, portraying a mystical presence with clarity, intensity, and vividness. Since dreams are so much a part of everyone's life, they have been the objects of study for ages, by astrologers to contemporary psychologists.

Even the Sacred Scriptures speak of dreams, visions, prophetic calls and angelic visitations, etc... The patriarch Jacob, for example, dreamed of a ladder reaching to heaven and sanctified that place as Bethel, the house of God (Gen 28:11-19). Joseph, son of Jacob had a dream in which he sees himself and his brothers binding sheaves in the field. His brothers' sheaves circle around his own and bow low to the ground. In his second dream, Joseph sees the sun, moon, and 11 stars bowing down to him (Gen 27:5-9).

The Gospel of Matthew tells of four dreams experienced by Joseph, the spouse of Mary Mother of God. In the first dream he learns of the conception of Jesus (Mt 1:20-21); in

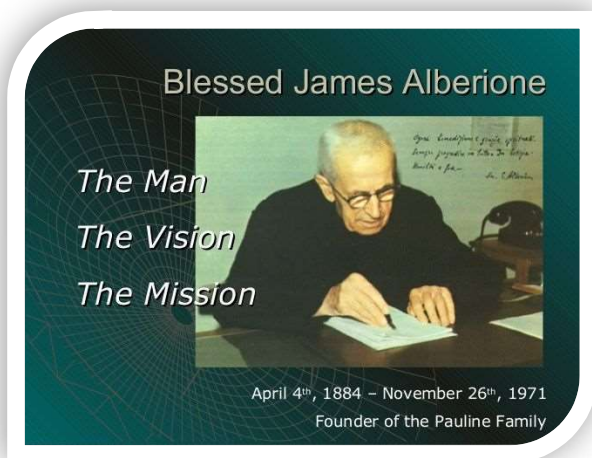
another, he is told to flee Herod's wrath and go to Egypt (Mt 2:13). Joseph brings his family back from Egypt after Herod's death as the result of a dream (Mt 2:19-20) and



settles in Nazareth after another (Mt 2:22-23). In Acts, we are told that the outpouring of the Holy Spirit at Pentecost will result in dreams and vision as the prophet Joel foretold (Joel 2:28-29). Dreams by Biblical figures or of the saints have been reported from the earliest days of the Church until today. In the fourth century St Monica, mother of St Augustine, was grieving over her son's immoral lifestyle. She then had the following dream: she saw herself praising God in heaven and her son worshiping with her. Her son was ultimately converted and is now, along with his mother, glorified among the saints.

A Dream is planted in your heart and mind for a reason. If you can discover what it is, the door of opportunity will open for you in some way each day. All you have to do is take that first step.

Do you have a dream that gets you fired up? Listen to this one...



Susa is a town in the Metropolitan City of Turin, Piedmont in northern Italy. It is located 50 kilometres west of Turin, on the main road that heads west from Turin towards France (the French border is only a few kilometres from Susa). Susa, also known as 'the oldest of Alpine towns', has been used for centuries as a pilgrimage route for Catholics, merchants, soldiers, and artists on their way to the Holy Land. In this city, Fr Alberione dreamt of having the Pauline presence. Accordingly, in December 1918, the Daughters of St. Paul left for Susa, where the work they initiated formed part of the courageous story of faith and enterprise that gave rise to what came to be called the "Pauline" lifestyle.



This patrimony of 100 years continues to captivate, enlighten, strengthen and solace everyone who enters the Pauline chapels particularly the members of the Pauline family. May these words be etched not only in our chapels but also in our hearts and minds, as we recall and celebrate the centenary of this dream which

holds good for all time to come.

Do I have a dream?

What is my dream and why is this my dream?

What do I need to do right now to get it started?

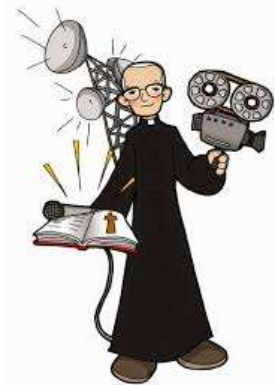
Who might be able to help me?

Where else can I look for assistance?

How will I measure my progress?

When can I anticipate the results from my efforts?

"Dreams turn you on. They excite and motivate you. You cannot wait to get out of bed to continue pursuing your dream. The kind of dream I'm talking about gives meaning to your life."



Sr M. Regina Sebastian

Pope Francis

in one of his encounters with the young people recalled that the late Italian Jesuit cardinal, Carlo Maria Martini, "used to say that the church and society need 'dreamers who remain ever open to the surprises of the Holy Spirit,' and he added, "I hope that you will be one of these dreamers."

Dare to Dream

- Dream of a community* that is fully alive and active - in its expressions of our Mission.
- Dream of a community* that is inclusive and reaches out to everyone inside and outside.
- Dream of a community* that upholds the rights and dignity of every sister.
- Dream of a community* that is truly sensitive to the needs of its members.
- Dream of a community* that is vibrant and dynamic in the local church.
- Dream of a community* that is hospitable to those who come to our houses.
- Dream of a community* which is kind and gentle in its dealings with the recipients of our services.
- Dream of a community* which is contemplative and active, in keeping with the charism of our founder.
- Dream of a community* which lives in constant communion with God and each other.
- Dream of a community* that walks in the footsteps of Jesus, like the women of the Gospel.
- Dream of a community* that is ready to proclaim the beauty of the encounter with the Risen Lord.



*"Natural resources get depleted when they are used,
Human resources get depleted when they are **NOT** used.
Use your potential.
Make your life count."*

The Richness of the Eucharist

Every day we, attend the Holy Mass and celebrate the memorial of Jesus' Passion, Death, and Resurrection and receive his body and blood in this Sacrifice of Love. The Catechism of the Catholic Church states that the Eucharist is the source and summit of Christian life, especially for us Religious.

We the novices, had the opportunity to attend the classes on the Theology of the Eucharist by Sr M. Regina Sebastian, which has enriched our knowledge of the Eucharist immensely. The study not only call for a deeper understanding and assimilation of the Eucharistic mystery but for a meaningful participation and living this mystery in our day-to-day lives.



First, the various parts of the Eucharist were explained. Then we dwelt *on Eucharist as praise*, where we glorify God in a continuous attitude of praise, blessing, and thanks by saying good words of appreciation and encouragement to others.

Eucharist as Sacrifice: Jesus Christ who, willingly sacrificed his life for the sake of humanity by dying on the Cross, to bring us redemption, invites us to cultivate a spirit of sacrifice in the daily realities of our life.

Eucharist as communion: By sharing 'the mystery of the Last Supper' in union with Christ, in friendly fellowship with our brothers and sisters by forgiving, and reconciling we create communion among ourselves and help us live our vocation and mission meaningfully.

Eucharist as a mystery to be lived: Eucharist is not only a pietistic practice but it challenges us to live part of it in our day-to-day life in the community. The videos on the Eucharistic miracles and on the life of Carlo Acutis rekindled in us the desire to appreciate and live our Eucharistic vocation.

We thank Sr. M. Celine Cunha our Provincial and the team for giving us this opportunity.

Novices, Orsola Bhavan

CREATING RIPPLES



"Give thanks to God the Father at all times and for everything
in the name of our Lord Jesus Christ" - Eph 5:20



Bloom Where You Are Planted:

Indeed, it was a Joyous and proud moment to recall the blessings of the Almighty God in my life, personally and in my apostolic field, here in the Diocese of Nellore, Andhra Pradesh. I am ever grateful and thankful for the bountiful blessings that He has showered upon me. Very recently my biggest achievement is the reception of the Best Headmaster Award for this academic year - 2023 for outstanding excellence with dedication and commitment in the field of Education, imparting quality wisdom to many students and shaping their lives for a better future. I take no credit for this achievement, but rather I count it as a blessing from God, the Congregation, the staff & the students with whom I am closely associated.

On September 5, 2023, on the occasion of National Teachers' Day, I was nominated by APUSMA (Andhra Pradesh Unaided School Management Association) of Nellore City Zone to receive this prestigious Award as Best Headmaster. This Award was conferred to me in the presence of the honourable Nellore City MLA, Dr Anil Kumar Yadav, other Dignitaries from various departments, Teachers, and guests from Nellore City who witnessed this special event on Teachers Day Celebrations at Town Hall, Nellore. I am proud & glad to say that I strongly believe in Hard Work & not in Luck. I thank our Mother General, the Provincial Superior, the Community Superior, My Parents, siblings & the support of the sisters in the congregation for their every word of encouragement & moral support in my every spiritual and social endeavour. God bless all.



Sr M. Shanthi Priya Lewis



*Congratulations dear Sr Shanthi on your achievement as the best Teacher
May you continue to bloom where ever you are planted*



EXPERIENCES THAT WILL CHERISH FOREVER

My Deepest Gratitude

I am sincerely grateful to God for the many surprises of his love and mercy I have experienced during these six years of my mission in Italy: Formation, Study, and Service in the Community. I am profoundly grateful to Sr. Micaela and her councillors and Sr Rose Mary, Sr. Celine and their Councillors for having given me the opportunity to study and to be part of the secretariat for Formation and for their constant support and encouragement. It was a great moment of blessing as well as fatigue.

The Duration and Contents of the Course

I did my studies in SALESIAN PONTIFICAL UNIVERSITY from 2019 to 2023. My study belongs to the Faculty of Education of Sciences of the curriculum of *Pedagogy of Formation of Vocations*. The nature of the course is the integration of both academic and religious study. The subjects of the course contain philosophical, theological, pedagogical, and psychological elements for formation. The course was very intense and interesting. The academic semester includes regular classes of the subjects, semestral exams, internships, visits to historical places, cultural festivals of different nations, sports day, semestral gathering of each nation and of each faculty, etc. The course takes 4 to 5 years to complete the Licentiate.



The theme of my thesis is the *Intercultural Formation of Consecrated Persons for Community Life*. The work is divided into three chapters; the first chapter outlines today's context and the challenges of intercultural living arising from cultural differences and other factors. The second chapter answers the first chapter by giving some guidelines for a deeper understanding of the different dimensions of forming a community. The third chapter tries to adapt the various programs of Congregational formation with some pedagogical proposals.

Beautiful Memories to Cherish throughout Life

The beautiful experiences are being in an intercultural community with caring sisters sharing our joys, talents, gifts, and fatigues, and studying in a friendly environment with so many helpful classmates and friends. I am happy and grateful for the different opportunities I got in the community as well as in the University for my growth. I can only say that God never failed to surprise me with his blessings and graces even in my fatigues and stress. It was a really happy ending to my studies with the presence of Sr. Bernardita and many sisters from different communities who came to share my joy on my defence day. May God be praised for everything and may God bless all those who have prayed for me and helped me. I am grateful, happy, and eagerly waiting to return to India and give my service.

Sr M. Rose Ngade

*Dear Sr Rose Congratulations in completing your Licentiate
All the very Best for your future Mission*



A Day to be Treasured

The centenary celebrations of our congregation in India took a new momentum with the programs organized for the youth that were welcomed with much enthusiasm. On August 20, 2023, young people from the Mumbai region were invited to listen to our story of 100 years. Sr Amita Mascarenhas was instrumental in organizing it at the Prarthanalaya campus.

While in Mysore, the program was organized by Sr Kumudini Toppo on 17 September, 2023, at Orsola Bhavan. This was an opportunity for us to share with them the joy of our religious vocation and the centenary story of our PDDM family with the theme 'In the footsteps of Jesus' LISTENING, WELCOMING, AND ANNOUNCING.



In both places, the participants collaborated energetically and were very lively, dynamic, and vibrant all through the program. They expressed their joy in coming to know about our congregation and that they look forward to more such gatherings.

A testimony from a participant:

The youth program at the Prarthanalaya campus with the theme "In the footsteps of Jesus" was really 'A Day to be Treasured'.

The theme was briefly introduced alongside a presentation, emphasizing the importance of Listening. Then, we were asked to share our understanding of Listening. It was immensely heartwarming to discover the ideology of young souls. Some intensified upon being present in mind, heart, and soul, while others highlighted the importance of listening without judgment. Some others said, that simply paying attention to someone else is learning more than speaking. In fact, the very letters of the word "LISTEN" come from "SILENT". Most of all in a deeper meaning, understanding God's plan comes from Listening. As for me God has our lives planned out and we don't need to be worried or afraid, but just listen to his voice.

The importance of "Never Give Up in Life" was conveyed very powerfully through a motivational video of a Bear Cub trying to escape the tiger relentlessly until the mother reaches there who roars and hunts the tiger away.

The priceless letter of Ven. M. Scholastica, the Co-Foundress of PDDM was read and explained, where light was thrown on offering the Holy Mass to those who are offensive.

"Disturb Us Lord" by Francis Drake, was projected as we all prayed the prayer together. Some youth of PDDM sisters performed an action song on the theme 'Listen' composed by Merlyn Dsouza from Mumbai for the Synod. We are thankful for a wonderful evening, and for the learning we received. The session has helped us to pause and to think about our actions. We listen every day, but we do not really pay attention to what is being said. Do we see beyond what is said?

"In the awakening of a new dawn,
In the wake of a new era,
What's in the past is all gone,
Now comes the light bearer.
A heart that listens,
A soul that enlightens,
A spirit seeking truth,
Faith now ignites the youth." **Azelia Carvalho**



Seminar on the Use of Media

Sr M. Saly Muthuplackal was invited by Sisters of St. Anne's of Bangalore to be the resource person in a seminar organized as part of their yearly program for the ongoing formation at the Congregational level on the 11th of October 2023. The seminar was organized at their general house, by the General councillor for formation. Sr. Saly spoke on the "Use and Misuse of Media in General and the Benefits of the use of Media in the Church in specific". 80 sisters from different provinces across India participated in the program. We thank God for this great opportunity.



Complementarity in the mission of the Pauline Family



On the 21st of October 2023, was an important day as there was an invitation from Fr Prithvi raj Philip SSP, to give input sessions on the 'Importance of Prayer' and 'Introduction to Bible' to 16 minor seminarians of the SSP Bangalore. The following day on the 22nd a session was conducted on the Importance of Prayer with special emphasis on Eucharistic Adoration for Alberione Youth of St. Paul's Church and in the noon another session on the Love of God for the Catechism students preparing for the First Holy Communion and Confirmation.

It was an enriching experience of being with the young ones imparting knowledge and at the same time a learning experience for me. May this drop in the Ocean be a blessing to all.

Sr M. Jenipher Domnic

I was indeed pleased to have an opportunity on the 22nd of October to share about our congregation and about Venerable Mother Scholastica Rivata the Co-Foundress who worked very closely with our Founder Bl. James Alberione to the candidates of the Society of St. Paul, who are there for their 'Come and See' program in Bangalore. While sharing about the establishment of our congregation, I did explain to them the contribution of Bl. Timothy Giaccardo and his self-offering for the existence of our congregation in the church. I also stressed the importance of our role in the Pauline Family as intercessors for the effective fulfilment of the Pauline Apostolate.

Sr M. Victoria Rani Mariadass

It was a surprise invitation extended by Fr Prithvi Raj Philip to give a one-day session on 24th of October 2023, to the aspirants of SSP Bangalore, who are studying their first- and second-year PUC. The topic was 'Self-Esteem and Motivation' and the objective of the session was to explain to them the unexplored areas of self, to make them realize the barriers that hinder them from being dynamic and motivated and to channel the whole creative energy for the enhancement of personal well-being in order to become effective members of the Pauline Family. I was all too happy to extend my bit of collaboration in shaping our budding Paulines.

Sr M. Gincy Thekkanath