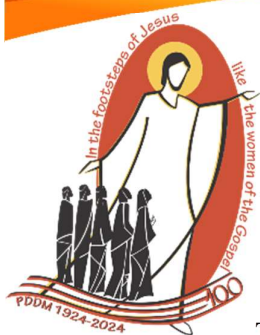


Disciples India

Email ID – inpddmwebsite@gmail.com – July/August - 2023



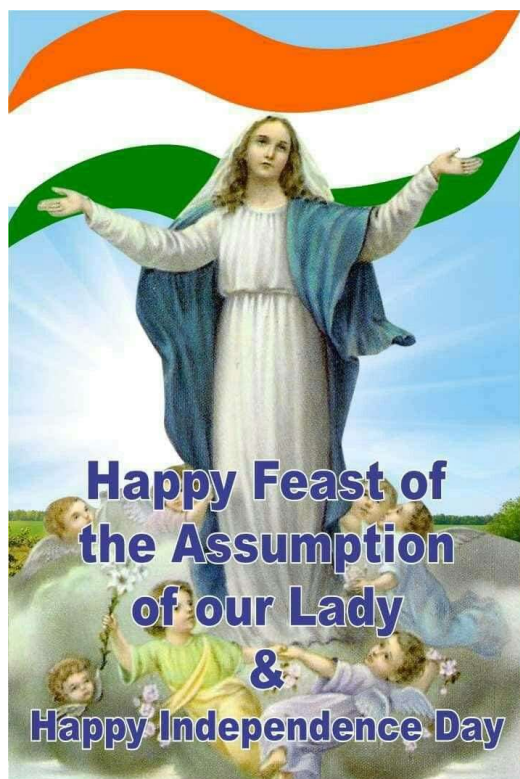
The month of August is a month of festivals in India for people of all faith. The birth of lord Krishna and Ganesha, the 10-day Onam harvest festival, the Raksha Bandhan - a celebration of love and bonding between a brother and a sister, Independence Day, and many more.

The month of August is also very important month for us Sister Disciples. Our founder James Alberione calls it a month of heaven because of the feasts like the Transfiguration of the Lord, the Assumption, and the Queenship of Mary associated with heaven.

Among the above feasts, two are very much related. They are the feast of the Assumption of our Blessed Mother into heaven and the Independence Day celebrated on the 15th of August. These events are very much related because they both speak about Freedom. Independence Day is celebrated to mark freedom from foreign rule and domination to self-rule and governance. The Assumption may be seen as freedom from this limited and incomplete life to the bliss of eternal and perpetual life.

When we understand freedom from the biblical perspective, the first thought that comes to our mind is the words of Jesus, "The truth will set you free" (Jn 8:32). Truth is much bigger than ourselves. Truth is the key to true inner and outer freedom. Truth beacons us to see ourselves, others, and the world honestly and holistically. The capacity to be true to oneself is a gift we all stand in need of. If we are willing to unveil our hypocrisy and face the challenges that Truth places before us, we can write a new script for ourselves and others.

Let this year's celebration of Independence Day and the Assumption of our Blessed Mother be a wake-up call for us to rise from our slumber and do something tangible to create a better world for ourselves and others.



Power of Thoughts

"Watch your thoughts;
they become words.
Watch your words;
they become actions.
Watch your actions;
they become habits.
Watch your habits;
they become character.
Watch your character;
It becomes your destiny."



Power Of Thoughts

TRANSFORM YOUR LIFE

“Your life is a reflection of your thoughts” is a quote from an Anonymous writer. Psychologists believe that our behaviour comes from the thoughts that preceded it and our thoughts become our reality. Every accomplishment great or small begins with a thought or a vision. ***The 100 years of PDDM history had its beginning with a thought and a vision of one single individual which continues to influence so many down the century.***

When we control our thoughts and focus them on a specific set of goals, then we have taken complete control of our lives. The moment we begin to visualize our own future, we are no longer victims of our circumstances. ***The young Alberione when he received the light from the Eucharist and was convinced about his mission to do something for the new century – from then on, his readings, studies, prayer, recreation, and his entire life were directed towards this goal.***

No one can control our thoughts except we ourselves. No one can influence our thoughts unless we let them. And so, choose carefully the people who would affect your thinking. Surround yourself with positive, responsible, intelligent, and open-minded people. ***As a young seminarian, Alberione met Canon Chiesa who was a professor in the seminary, and entrusted himself to be guided by him. It was to him he first shared the inspiration to found a congregation dedicated to spreading the Gospel to all humanity through the latest means. Through Canon Chiesa’s steady and prayerful direction, advice, and support that James Alberione was able to further discern the founding of this order, and go forth to make his dream into a reality.***

The person you are on the inside determines the person you become on the outside. Your mind, your body, and the whole world that surrounds you are crying out for direction, waiting to be shaped and guided by your thoughts and waiting to leverage your thoughts into manifestation.

Celebration of the centenary, a time of Jubilee is an opportune time to shape the real you. Let the Master designer shape and guide our thoughts so that the legacy of the PDDM charism manifests itself through us to be ‘Mother Scholastica Living Today’.

Sr M Regina Sebastian