

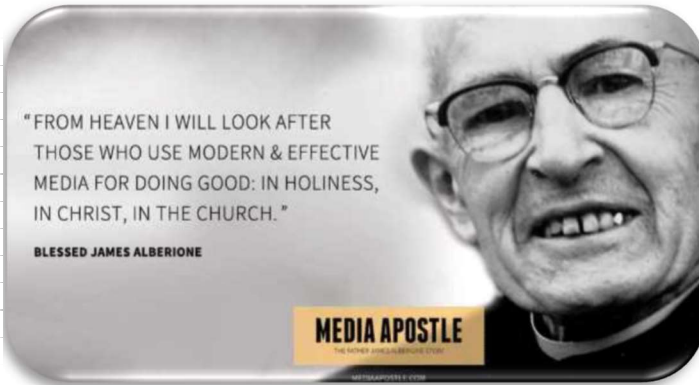
Disciples India



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01/11/2022

Happy Feast of all Saints & Blessings of our Beloved founder



The month of November is filled with memories. Memories of the lives of the Saints that are filled with love and grace which reminds us of our call to holiness, the memories of our departed family and the congregation members who make us realize the shortness and the fragility of our life in this world, the memory of our beloved founder who beacons us to live our discipleship more radically.

As we are preparing to enter into the opening of the Centennial Jubilee of our foundation on 21st November, it's another memory of God's ever-abiding love for our congregation.

Let us enter into this month with gratitude and openness to God's innumerable graces which we will encounter in ways we do not expect.

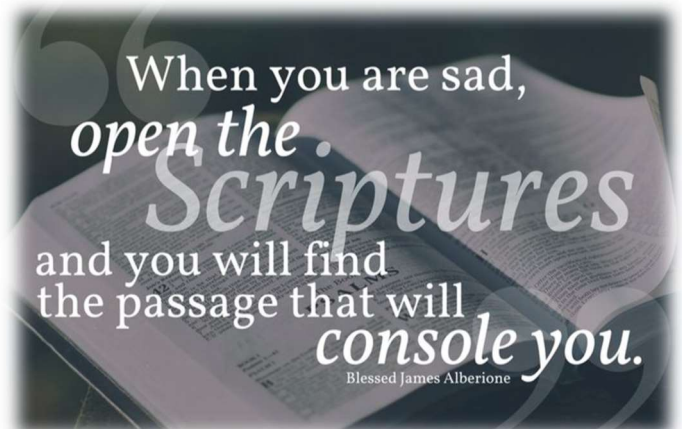
Sr M. Regina Sebastian



JAMES ALBERIONE **A faithful servant of God**

J- Joyful in the service of the Lord
A- Alberione glorified God
M- Marvelously he worked, as marvel of our time
E- Evangelizing the kingdom of God, following the signs of time
S- Sainly, sincere, silent man was he

A- Admirable was the life that he lived
L- Lovingly longed for God
B- Believing completely in the Lord and his
E- Eagerness to follow the Lord and
R- Readiness to suffer for God
I- Inspiring the people of the world, being
O- Obedient to the word of the Lord, he
N- Never failed trusting the Lord, for he is
E- Ever faithful oh! Blessed one of God.



Sr M. Asha Madhuri Soreng

DYNAMIC SAINTLY LIFE

God in his own time
marveled at ordinary people and
chose them to be prophetic missionaries
making them channels of his love.

From their initial stage
they sought Jesus as their Master
It was, they who exclaimed
the true joy of their heart, saying.....
“LORD YOUR GRACE IS SUFFICIENT FOR ME”
It was, this significance of their vocation
ever retained till the consumption of their lives
never wavered in the time of trials
but ever joyful and strong in faith.

Some people
make the world
special just by
being in it.

The saints with angelic personalities and vitalities
bonded their relationships in unity and conformity
persistent in prayer and apostolic activities
strengthened their vocation and sustained in times of darkness.

Saints updated themselves in their holy ambitions
their thoughts were their holy inspirations
their actions were their motivations
their desires were their contemplation.

So, let's glance at Saints' lives that
experienced martyrdom and persecution.
admire their efficacious and appropriate spirit
rejoice over their sacrificial love and join with them in heaven.

Sr M. Priyanka Munis



Extension of Prayer towards the Souls in Purgatory

One of the most beautiful things about the Church is that it is the “Body of Christ”. Whether it's the Church on Earth, in Heaven, or in Purgatory, it is all one Body, and it is all connected. Our very ability to intercede for one another comes through our interconnection in the Mystical Body of Christ.

Praying for the Holy Souls in Purgatory is one of the beautiful ways of experiencing that reality. Purgatory is that state in which people who have died in God's Grace but have not let go of some of the imperfections and attachments of sin, go through purification before entering Heaven, where nothing unclean may enter.

The month of November is traditionally a time in which the Catholic community remembers those who have died. Especially on November 2nd, is dedicated to praying for all those who have died, including the souls in purgatory. The Church reminds us that death is not the end, but rather the door through which we must pass to gain eternal life.

The Angelic Doctor, St. Thomas Aquinas, says: "The least pain in purgatory is greater than the greatest suffering in this world." And elsewhere he adds: "The same fire torments the reprobate in hell and the just in purgatory."

St. Mary Magdalen, who in spirit beheld this realm of suffering, said: "All the torments and tortures of the martyrs and the most intense fire on earth are like a pleasure garden compared to purgatory."

The greatest suffering of the holy souls consists in their being deprived of the sight of God.

In Purgatory, the Holy Souls are not able to actively take part as they are not purified. They are receptive to God's actions as a patient might be to a surgeon or a precious metal that is purified by flame. Through his love, God has allowed those of us still on Earth to aid, by our prayers, the purification of the Holy Souls. Just as we can pray for our loved ones who are living, and our prayers, personal penance, and sacrifices can be channels of Grace for them, the same is true for our departed loved ones in Purgatory.

The greatest prayer is the Sacrifice of the Mass, that is why we offer funeral Masses for the deceased souls in Purgatory—to help make recompense for their sins.

How many of us have grieved at the death of a loved one over things we wish we had said or acts of love we wish we had done? If only we had another chance, we wouldn't miss those opportunities.



We do have another chance. We can continue acts of love for our loved ones, and offer them in place of those we didn't do when they were with us. And whether we pray for parents or grandparents or friends, or perhaps souls we never knew in this life, when those souls stand before God in Heaven, we can be confident that they will remember us in their prayers.

Because we are all connected through the Body of Christ, we can stay connected in a very real and

powerful way to those who have gone before us; we help them with our prayers, Mass offerings, and sacrifices; and we prepare to enjoy Heaven with them for all eternity. May this month of November continuously remind us of our duty toward the departed brethren especially those who are in the suffrages of purgatory. In this month let us take little steps forward to offer all our daily inconveniences, physical and mental pains, and personal and community discomforts for the greater cause of the purification of all the souls in purgatory to be freed from their torments to enjoy the Beatific Vision of the Lord.

Blessed James Alberione, our beloved founder quotes: "Our true home is not here on earth, in fact as soon as we die, everything is over for us here on earth. Someone else will occupy our room, bed, and our place in the Chapel and refectory. The memory about us will pass away quickly or what we think we have will be taken away, only the good works will accompany us. Therefore, let us try our best to climb the staircase of Good Works daily and try to reduce the suffrages in purgatory". May the souls of all the faithful enjoy eternal bliss.

Sr M. Shanthi Lewis

TRAVELLING ---- NEVER TO RETURN BACK

Every year we the Catholics commemorate All Souls Day on November 2nd, the next day of all Saints Day. Death is not the end, but the 'bend' in our life journey. Once one earthly life is over, we journey towards a new life. From the temporary to the permanent. The body descends to the grave but the soul ascends to heaven.

A question arises in our mind, why do we need to remember the dead and pray for them?

As the quote goes "Every saint has a past, and every sinner has a future. In our earthly journey, we are sometimes overcome by our human frailty. Sometimes, there are persons who die in sin, though our call is to die in grace and reach heaven. Since nothing impure can go before God. So, we pray for the people who have gone before us so that they also experience the forgiveness of God and see his countenance.

Mother Church gives us an opportunity to pray for all the people who have died in sin. So "All Souls Day" is kept to remember and pray for them.

All Souls Day is also a reminder for all of us that one day we too have to leave this earth and go to our permanent home. Traveling never to return back. We are also called to live in grace and die in the state of grace. So, let's remind ourselves, "dust you are and unto dust, you shall return."

Sr M. Doly Savitha Fernandes

The Most Effective Medicine

- ✓ **Exercise** is one of the best medicines
- ✓ **Morning walk** is also another type of medication
- ✓ **Fasting** as well is a medicine
- ✓ **Family meal** is the fast-curing medicine
- ✓ **Hearty Laughter** is the medicine for long life
- ✓ **A sound sleep** is soothing medicine
- ✓ **Spending time with a loved one** is affective medicine
- ✓ **Always being happy** is a long-lasting medicine
- ✓ **Occasional/Reflective silence** medicine for a very soul
- ✓ **Co-operating with each other** is also an effective medicine'
- ✓ **Having a good friend** is like equal to having **A Pharmacy**

Let's always try to intake non toxins medications,
without spending much and without any Side Effects.

Moral: The Injections and Tablets are not only a Medicine



The Mission Sunday Celebration

The theme of this year's World Mission Day is "YOU SHALL BE MY WITNESSES" - (Acts 1:8). Oct 23rd is World Mission Sunday, the day set aside every year for Catholics worldwide to recommit themselves to the missionary work of the Universal Church.

Holy Father Pope Francis says in his Mission Sunday message that: "Christ's Church will continue to 'go forth' towards new geographical, social and existential horizons, towards 'borderline' places and human situations, in order to bear witness to Christ and His love to men and women of every people, culture and social status".

This celebration of the life-giving work of Mission is an opportunity for the present generation to highlight the work of missionaries who are leading mission development projects with the vision of Christ to the ends of the earth, showing that there are no limits to sharing the love of God.

On this Mission Sunday our parish St Joseph's Cathedral, in Nellore Diocese, organized various events like Food fest / Fancy Fete and Games to raise funds which will enable us to support very many mission activities throughout the globe. As part of the parish community, we the PDDM Sisters actively took part in it by putting up stalls and conducting games. The whole community along with our Co-workers & some of St John's School staff joined together making this event a grand success. We all had great joy and satisfaction in contributing our time, energy, good motives, intentions, and our ardent prayers for this greater and more noble cause. The labour of love bore fruit by raising Rs. 22,724/-

We felt most contented with the words of St Paul our Patron in the letter to the Galatians 6:9-10: "So let us not grow weary in doing what is right, for we will reap at harvest time if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith".

I would like to conclude with the words of John Wesley a theologian and evangelist who said: "Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can, As long as ever you can." May Mary our Mother, the Queen of Missions intercede for us in our missionary journey.

With the Missionary Spirit
Sr M. Shanthi Lewis

**Dear sisters from Nellore
thank you very much for your contribution to this issue of
Disciples India. For the next issue the communities of
Jamshedpur and Dindigul are invited to contribute.
The others are always welcome.**

JESUS MASTER INTERNATIONAL OPEN UNIVERCIETY

The world is in learning DEGREES, the degrees of Ph.D., BCOM, NCOM, PG, M. Phil, etc. Without this, there is no better job, no better future, and no better respective place in society. Everyone who wants to be a better living human being needs a degree if we want to be the best and be famous then we need to do the best degree in a university well known in the world, having best facilities than anyone else and so on.

Yes, similarly is our Christian call. As a Christian worldwide we have only one university, the “JESUS MASTER INTERNATIONAL OPEN UNIVERSITY” **The Church**. This university has only one choice that’s, “**Mastership in one’s Holiness**” and the subjects are,

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are those who mourn, for they will be comforted.
3. Blessed are the meek, for they will inherit the earth.
4. Blessed are those who hunger and thirst for righteousness, for they will be filled.
5. Blessed are the merciful, for they will receive mercy.
6. Blessed are the pure in heart, for they will see God.
7. Blessed are the peacemakers, for they will be called children of God.
8. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
9. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. (Matthew 5: 3-11)

Rejoice and be glad, for your reward is great in heaven.

Fix your gaze on heaven, live on earth.

Love your **enemies**, do good to those who **hate you**, bless those who **curse you**, and pray for those who **abuse you**. (Luke 6: 27-28)



God bless you and all the best for your higher studies.

Why not select any of these new subjects and leave a trail.

Sr M. Eshwarya Luji



***Congratulations!
on your Success...***

**Dear Sr M. Regina Sebastian M.Sc.
in Counselling & Psychotherapy
Sr M. Merilina Narzary & Sr M. Victoria Rani
Diploma in General Nursing**