



Disciples India

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01/12/2021

Prepare the Way of the Lord



Since 2020, the world is reeling under the pressure of the Covid pandemic. The new variants continue to scare the world. There seems to be no end to this situation. The feeling of despair and hopelessness often stand before our eyes. Everyone is affected in these dark times of our lives. As we enter into the season of Advent in such difficult times, we are invited to strengthen our bond with the Lord of Hope, Christ our Master. God says to us not to be men and women of despair but persons of courage and hope; because when unusual things happen, we believe that God is in control of everything. With this hope we make a meaningful Advent journey to prepare ourselves for Christmas.

"Christmas dear friends is the feast of love incarnate and born for us in Jesus Christ. He is the light of humankind shining in the darkness, giving meaning to human existence and the whole of history," says Pope Francis.

A birth is always a source of hope; it is the life that blossoms, a promise of the future. Jesus' birth is even more powerful since he was born 'to us' – and 'for us' without any borders, privileges, or exclusions. The child born of the Virgin Mary in Bethlehem was born for everyone: he is the 'Son' that God has given to the entire human family. Thanks to this child, we can all call one another sisters and brothers. We come from every state, from every language and culture, with our own identities and differences, yet we are all sisters in the PDDM family.

Let us ask for the grace of wonder in the face of this mystery, this reality so tender, so beautiful, so close to our hearts, to help us enjoy this fraternity. May Mary, the Virgin of Hopeful expectation help us to prepare for the meaningful Christmas Celebration. **Happy Christmas to all of you.**



We wish Dear Sr M. Rose Mary

A Buon Viaggio and

A Happy Stay in Ireland



THE BEST CHRISTMAS GIFT



Christmas is a special time to connect with family and friends.

It is a time when we exchange gifts.

Do “Gifts” always have to be material items? Or can it be experiential gifts?

The experiences are so important because they are the best teachers in life.

The experiences create lifelong impact on individuals.

For the year 2021, are we ready to find out some unique experiences as Christmas gifts?

The best Christmas Gift experiences for this year can it be.....

Patience to the one who gets into my nerves?

Forgiveness to the one who hurts me?

Compassion to the one who misunderstands me?

Kindness to the one who is rude to me?

Love to the one who ignores me?

Respect to the one who looks down at me?

And so on, and so forth.....



Sr M. Regina Sebastian

Valuable Contribution



We appreciate Sr M. Theresa Sinduraj, Sr Kanikai Mary Issac &

Sr M. Flavia Aranha for their constant effort to self-study and update themselves in order to give a professional service to the people they are called to serve.

These our sisters have received license/certificate to practice Sujok Therapy in Maharashtra.

CONGRATULATIONS WELL DONE!

Dear sisters we congratulate you for your participation in “Pauline Bible year” events and bagging the prizes. Sr M. Gracelet Mudiappan and team for receiving **First prize for Singing**, Sr M. Sharolin Rodrigues for getting **First prize for Bible Quiz** among the Novices, Sr M. Rowena Patil and Sr M. Asmita Dimekar for receiving the **Second prize for Bible Quiz** among the Novices, Sr M. Gracelet Mudiappan for receiving the **Second prize for writing an article on Is 40:8**, Novice Sushita for getting the **First prize for Bible Quiz** among the Postulants. The Indian Province is proud of your excellent performance dear sisters, keep it up and continue to flourish.

Online Formators' Meet, 15-16 Nov. 2021

The online meeting for Formators of Indian Province began on 15, November 2021, a day very significant to us as we became a Province in the year 2000. The meeting was held to make the plan of action for the years 2021-2024 and to implement the orientation of the online International Formators Meeting which was held in the months of June and September this year. It gave us the platform to share, discuss, suggest for an effective ministry as formators. The meeting began with the opening prayer led by Sr M. Kumudini Toppo which was followed by the warm welcome given by Sr M. Josephine Rodrigues who had planned the meeting very systematically.



We were glad to have the presence of our Provincial Superior Sr M. Celine Cunha who addressed us with a very enriching, thought provoking and challenging insights. She emphasized that our hearts should never stop thanking God for the gift of our Vocation, not only our hearts but the heart of every consecrated person may never stop in thanking and praising God for such is the gift that we have received from our God. Psalm 139:6 says, *'such knowledge is too wonderful for me' it is so high that I cannot attain it.* It is an excuse if we keep saying to ourselves that we are humans and we make mistakes. After having received ample formation, we can't defend ourselves saying that we are human and we are weak. We are called to be like Christ, to speak like

Christ, to think like Christ, to act like Christ and thus to live like Christ. Let us join with St. Paul in saying, "It is no longer I who live but Christ who lives in me".

The second day of our meeting began with prayer led by Sr M. Alphonsa Kandenkeri. On this day we had active participation by the sisters who shared their experiences and challenges faced in the ministry as formators. As an outcome of our meeting, we have come to realize that we need to emphasize from the initial period itself, better spiritual accompaniment, faith formation, value education, education on social media and interpersonal relationship, etc. Later we discussed and to put forth our suggestions about the ways to bring into reality the essential points that will enable us to live our call to the life of holiness through an integral formation.

We are very grateful to Almighty God for his enormous blessings during our two-day online meeting. Our heartfelt thanks to Sr M. Celine Cunha and to Sr M. Josephine for the support and guidance in our ministry as Formators and to be effective Disciples of Jesus Master.



Formators of Indian Province

**HAPPY
BIRTHDAY**

For Your Kind Attention

Sr M. Asmita Dimekar
Sr M. Rita Collaco
Sr M. Anima Kujur
Sr M. Teofana Montanari
Sr M. Veronica Dongarkar
Sr M. Delphine Maria John
Sr M. Valentina Gaurea
Sr M. Gincy Thekkanath
Sr M. Zita D' Souza
Sr M. Manjula Dung Dung
Sr M. Lidwina Gaurea
Sr M. Sharolin Rodrigues
Sr Kanikai Mary Issac
Sr M. Sinta Pravidakunnel
Sr M. Jenevie Dinis
Sr M. Gesualda Gnarakatt
Sr M. Carmela Barwa
Sr M. Paulcy Thelakkadan
Sr M. Doly Savita Fernandes
Sr M. Alphonsa Kandankeril
Sr M. Giorgina Kuncharakatt
Sr M. Josephine Rodrigues

Heavenly Birthday

Sr M. Maria Goretti

Marianna

26.12.2004

Nagapattinam



The great thing is...we all can find diamonds. They are existing everywhere. The surprising thing is most of the time they are just close to us. We don't get to see them because we ignore their existence. Our gifts and talents are purposely created not just for ourselves but to help those around us. We benefit from other people's talents. Just imagine the world if nobody shared a talent.

When we use our talents:

1. Other People Can Benefit from Them
2. Other Lives May Change Because of Our Talents
3. It Leads to a More Satisfying Life
4. It Lets Us Leave a Lasting Impression to People
5. It Leads to Personal Growth and Development
6. It Show Appreciation to the Giver (God)

These talents, gifts or strengths are our diamonds. We need to dig them. Nobody can dig them for us.

For this purpose, we would be happy to help our sisters to discover their talents in contributing to Disciples India News Letter.

The communities assigned during the year are:

January - Bangalore (Guru Yesu Bhavan)
February - Mumbai (Prarthanalaya)
March - Chennai (Santhome & Vianney Home)
April - Chennai (Saint Mary's), Pondicherry
May - Mangalore & Calicut
June - Mysore (Orsola Bhavan), Bannimattapa
July - Bangalore (Clergy Home, Bannerghatta)
August - Delhi, Tura
September - Guwahati, Kohima
October - Mumbai Clergy home, Goa
November - Nellore
December - Jamshedpur, Dindigul

ALL THE BEST DEAR SISTERS

Dear sisters thank you very much for your generous contribution to this Disciples India to keep us updated.

I would like to inform you that for the further updates to the same, please send your news materials with photos to the following

Email ID – inpddmwebsite@gmail.com