



Disciples India

Email ID – inpddmwebsite@gmail.com

01/11/2021

All Saints Day

On the Feast of All Saints' Day, Pope Francis says, that holiness is within every person's reach and therefore every saint is unique. They are not equal, each one has their own personality and developed their own life of holiness according to their own personality, and each one of us also can do it, taking this path.

Blessed James Alberione is a saint of modern times. He as a priest of God, was known to have said, "Prayer is the first duty and the first contribution which I must make to the Congregation.... Let it be done at the best time and in the best place," out of respect for the majesty of God. Father Alberione followed literally the command of Jesus: "Pray always."

Let the good in us not fade with time and let us follow what the saints have taught us. **Happy All Saints Day to everyone.**

Solemnità di tutti i Santi
Basilica Santa Maria
Regina degli Apostoli - Roma

1 novembre 2021
CELEBRAZIONE EUCARISTICA
e accoglienza dell'urna del
Beato Giacomo Alberione

ore 18.00
Presiede Sua Eminenza
Cardinale Angelo De Donatis
Vicario Generale di Sua Santità
per la Diocesi di Roma

ore 17.00
Adorazione Eucaristica

ore 18.00
Celebrazione Eucaristica

Tutte le celebrazioni
saranno in diretta streaming

YouTube
sppinformationservice

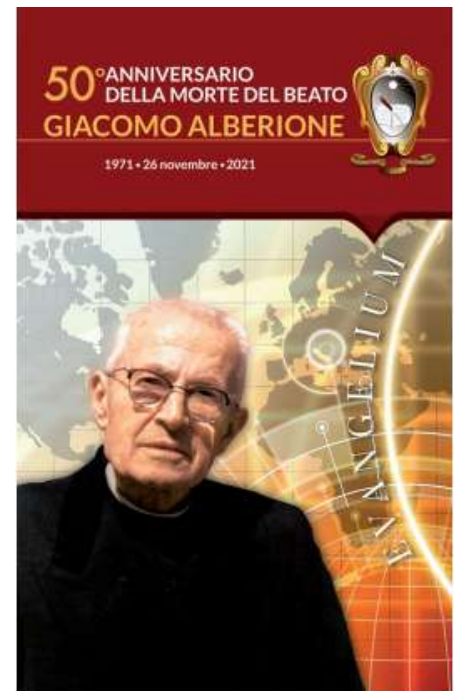
Commissione per le Celebrazioni della Famiglia Paulina - Italia

50th Heavenly Birthday of our Founder

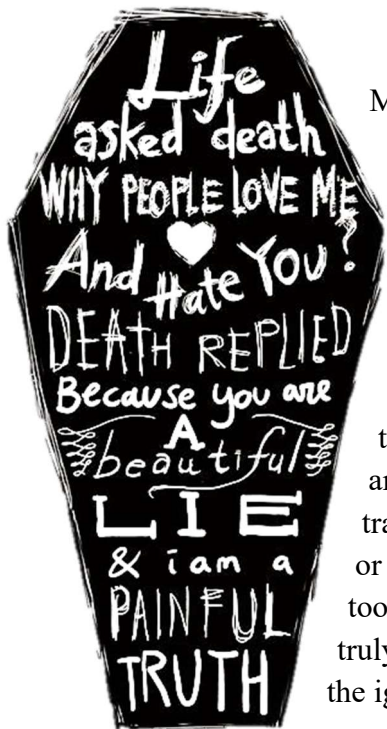
As of November 26, 2021, is approaching, we the members of the Pauline Family are gearing up towards the 50th heavenly Birthday of our Founder Blessed James Alberione, the most creative apostle of the 20th century. Fr. Alberione who was born a sick and weak babe, thinking that he would die immediately was baptized on the same day had the grace to live up to the age of 87. Having completed the work God had entrusted to him, he left this earth on 26 November 1971 to take his place in the house of the Heavenly Father. In his last hours, he was comforted by the visit and blessing of Pope Paul VI, who had never hidden his admiration and veneration for the Founder. In fact, in an audience with the Pauline Family on 28 June 1969, the Pope spoke these moving words about Fr. Alberione, who was then 85 years old:

“There he is: humble, silent, tireless, always vigilant, recollected in his thoughts, which run from prayer to action; always intent on scrutinizing the ‘signs of the times,’ that is, the most creative ways to reach souls. Our Fr. Alberione has given to the Church new instruments with which to express herself, new means to give vigour and breadth to her apostolate, new capacities, and a new awareness of the validity and possibilities of his mission in the modern world with modern means. Dear Fr. Alberione, allow the Pope to rejoice in your long, faithful, and tireless work and in the fruits, it has produced for the glory of God and the good of the Church.”

As worthy children of this noble Father, on this memorable occasion, we renew our commitment to live our Discipleship in a radical and renewed manner. May Blessed James Alberione continue to shower his blessings on each one of us in our journey towards **SAINTHOOD**.



We're born to live



Month of November, reminds us that Life and death are two sides of the same coin. However, we spend most of our time dealing with life and rejecting or denying somehow the natural aspect of death, perhaps because we might see it as the final end. Death is commonly related to pain, suffering, loss and uncertainty.

Death is a fact we will all have to face one day. So, to discover the real meaning of life and death is a quest. Asking oneself "What if I were to die tonight?" is an invitation to look inwards and meditate on the quality of life we are currently choosing to live, while accepting the reality in which we are transient beings. Achieving this approach comes from the exercise of meditation or reflection, which becomes a tool for discovering 'Who we truly are' and helps us overcome the ignorance of our true nature.

"You only go around once in life. So, grab all the opportunity you get."

Death plays a role in this willingness 'To be open to life.'

Our Founder Blessed James Alberione often used to tell his sons and daughters to reflect on the last things of life. Let us give heed to his exhortation and live our lives mindfully.



Seminar for Choir Masters

On October 2, 2021, Sr Mary Gracelet was invited by the Bangalore Archdiocesan Office to address a special gathering of Archdiocesan Choir Masters, Choir members and Instrumentalists who are animating the choir of different parishes of the Archdiocese. She gave an Input Session and Tips for an effective functioning of Choir through PowerPoint programme. Her talk was well appreciated and attended actively by all.

Around 50 participants benefited from this programme. We thank God for this opportunity and wish to have many more.



CONCLUSION OF THE TRIMESTER COURSE 2021



With the completion of the input sessions, we entered into the final phase of our course. We were privileged to have the presence of Sr. M. Celine Cunha, our Provincial Superior during the closure of the programme. On October 9, 2021, we had the verification of the Course with the

Provincial superior through which we were able to re live our experiences. On the following day we were delighted to meet our Mother General, Sr M. Micaela Monetti, who was present with us at the start of our course and at its closure, showed us of her love for each one of us. She exhorted us to follow Christ more radically and through the beautiful insights on the formula of our profession she motivated us and assured us of the prayers of the entire PDDM Family.

On October 11, we had the presentation of the synthesis, where we did our best to present our course in a creative way which included PPT presentations, videos, skits, hymns, music, dance, exercise and also the art exhibition. With collaboration of one another we successfully presented the synthesis. The dawn of October 12, 2021 brought great joy to each of us as we looked back on our journey. In the Morning Prayer, we expressed our gratitude to all who lighted up our path during these months. The Holy Eucharist was presided by Rev. Fr. Pratheesh CMI, with the solemn procession with the lighted lamps. He, at the beginning of our course reminded us of a **trekking adventure** and now, once again reminded that it is not the end of the journey but the beginning of something new. After which the community congratulated us for the completion of the course with the cutting of the cake and delicious breakfast.

It is said that gratitude turns everything into a gift and we turn to God to thank Him for all the gifts bestowed on us during these months of Intensive preparation. We also express our gratitude to our Mother General, Sr M. Micaela Monetti and her team for granting us permission to do our Trimester course in India and for her constant prayerful support, right from the beginning till the end. We all felt that we were loved and cared, and we are happy to be part of this beautiful PDDM Family. We also take this opportunity to thank Sr. M. Celine Cunha our provincial superior and the Team, for organizing this course meticulously, their keen interest in each one's growth was vivid and above all we do not have enough words to express our gratitude because we acknowledge the efforts which were put in order to form us.

We also thank our guiding star Sr. M. Josephine Rodrigues our formator for walking along with us and for leading us, she was indeed a blessing to us, she was there by our side and helped us to complete our journey, though it was not easy she did it willingly and cheerfully. We are also grateful to Sr. M. Kumudini Toppo and the Novitiate community who helped us to have a fruitful journey, their constant help and prayerful support has brought us to the close of this Trimester Course. We are grateful to every Sister Disciple who accompanied us through their prayers and by the grace of God we were able to complete our Trimester Course. Just like Jesus who turned water into wine, we wait for our Lord to change the water which was poured into us for the past three months would be changed into choicest wine. We continue the journey of life by placing our hands into the hands of God with love and trust.

Juniors from Mysore, India



INCONTRO on-line
sulla FORMAZIONE
2021

Online meeting of the Formators

The online meeting on Formation with the theme “I am about to do a new thing, now it springs forth, do you not perceive it? (Is 43:19). The meeting was

organized in two groups, according to time zones: Emmaus Group (America-Europe/Africa) and Galilee Group (Asia/Australia-Europe/Africa).

We had six modules (3 in June and 3 in September) with different theme:

1. Experience of the epochal change
2. Formation paradigm
3. Fraternity and Formation
4. Formation in the digital age
5. Integral formation according to the GPF
6. Dialogue with the Superior General



For each module we had texts, videos and online meetings had the modality of sharing and dialogue accompanied by a facilitator.

On the first module the Superior General Sr M. Micaela Monetti opened the meeting on formation inviting us to be responsible and mature, who shares the call to follow Jesus and the project of mission with inner liberty by becoming aware of the epochal change.

The 1st module: - with the theme “living the epochal change”, it was lovely to have been able to meet around this theme, and to hear each other how we are living in this time marked by so many changes, and we tasted the joy of the sprouts of life that we notice in us and around us, that we experience in solidarity with wounded and fragmented humanity.

The 2nd module: - Paradigm of Religious Formation began the reflection by reminding us that it is important in the formative process to keep in mind three pedagogical actions: Educating, forming, accompanying.

The 3rd module: - Fraternity and Formation, we were inspired by Pope Francis: «We need a community that supports and helps us, in which we can help one another to keep looking ahead (Fratelli Tutti, 8). Therefore, we were offered an experience of dreaming and growing together in fraternity.

The 4th module: - “*Formation in the digital age*” made us to consider some aspects: our understanding of communication, *online vs offline*, religious life and communication, vows and communication.

In this 5th module: - we devoted our attention to the General Plan of Formation - a manual developed to be an instrument that directs us to "integral formation" and indicates the paths to be followed as consecrated women in continuous formation according to the Pauline ideal «until Christ is formed in us » (Gal 4:19). It contains all the general essential elements for a gradual and suitable formation for every stage of life: of those in continuous formation or temporary vows and of those who take the initial steps on the journey and in vocational discernment in our religious family. “Formation is God’s work in progress”.

On 6th module: - we had Dialogue with the Superior General and participation of all in sharing, exchanging the ideas and experiences in an attitude of gratitude, praise and thanking God Almighty and for the gift of each one of the participants round the globe we closed the encounter on-line on Formation.

We are grateful to Sr M. Celine Cunha our provincial superior and her team for allowing and encouraged us to attend this meeting. We are thankful to our superiors and communities for keeping us free and supporting us.

Thanks to one and all.

PRAISE GOD!!

Formators of Indian province

WORDS ARE NEVER ENOUGH TO THANK YOU LORD!

“Theology is best learnt on one’s Knees” these were the words which were addressed to us during the Introduction to theology on the first day of my B.Th. in St Peter’s Pontifical Institute, Bangalore. The Word of God had always fascinated me from the childhood, I consider the opportunity to explore the scriptures through the theological studies is the greatest blessing God had bestowed on me. My journey in St. Peter’s was an enlightening one, filled with God’s love and grace, it was similar to an adventure, to read, understand and interpret the pages of history in the Bible according to the context was really exciting. The detailed study of the scriptures and also other subjects pertaining to moral and dogmatic theology gave me a comprehensive knowledge. All my study served as food not only for my mind but also for my soul. It contributed to my overall growth, inviting me to see the hand of God not only in the lives of the people of Israel but also in my life. I do affirm that the **“WORD OF GOD IS AN INEXHAUSTIBLE TREASURE”** which I will cherish all the days of my life. I wish, desire and pray that the Lord who instilled in me the love for His Word, who granted me the grace to know and understand his Word through my theological studies, will grant me the grace to live and proclaim His Word to the best of my abilities.

It is said *“Appreciation is the highest form of prayer, for it acknowledges the presence of good wherever you shine the light of your thankful thoughts”*. I acknowledge and appreciate all those who made this journey possible for me. First and foremost, I am grateful to Sr. M. Rose Mary and Team for giving me the opportunity to pursue my studies, Sr. M. Celine Cunha and Team for their prayerful support during the completion of my studies. I am also thankful to all the sisters from the community of Bangalore, for their prayers, encouragement, support and love. Heartfelt thanks to my sisters who were there for me always, standing by me at all times through their prayers and motivation. I also remember with gratitude all the fathers, brothers, sisters, teaching and non- teaching staff of St. Peter’s Pontifical Institute, who journeyed along with me during my B. Th. From the depths of my heart, I just want to say “Thanks to all”, for adding color and beauty to the mosaic of my life. May God bless you all today, tomorrow and forever.

Sr. M. Jenipher Domn

Congratulations



Dear Sr M. Jenipher Dominic for successfully completing your Theological studies, Sr M. Mabel Quadros on graduating with distinction in M.A Christian Studies, from Madras University and Sr M. Regina Sebastian for your hard work which paid off with Diploma in Family Counselling from Alagappa University.

NOVEMBER BIRTHDAY BABIES

- 02. Sr M. Anita D’ Souza
- 04. Sr M. Cecilia Dabre
- 05. Sr M. Juliet Victor
- 05. Sr M. Smita D’Souza
- 09. Sr M. Priyanka Munis
- 11. Sr M. Nympha Crasta
- 11. Sr M. Selina Marak
- 15. Sr M. Saly Muthuplackal
- 15. Sr M. Jenebi Basumatary
- 17. Sr M. Bandna Bilung



- 20. Sr M. Elizabeth Palakat
- 20. Sr M. Lucy Bilung
- 22. Sr M. Kiran Minz
- 22. Sr M. Flavia Aranha
- 23. Sr M. Jayaseeli Mariadass
- 26. Sr M. Bibiana Thaipaolika
- 26. Sr M. Fiyona Koprea
- 28. Sr M. Cicily Vadakkedath
- 28. Sr M. Estina Bavighar
- 28. Sr M. Kholuru Theresa

Heavenly
Birthday

Sr M. Cicily Nirappal
22.11.2003
Bangalore



A WALK WITH OUR LADY OF MYLAPORE



It was the journey of four days, a journey of love that we made with our Lady of Mylapore. It began on 18th of October with the procession of our lady in the campus of the St. Thomas Cathedral accompanied with the praying of the Holy Rosary. There was solemn flag hoisting and it was a beautiful and heart touching moment when the blue and white balloons filled the air, the atmosphere invited the faithful to soar above the worldly realities and to fix our gaze on eternity. The Holy Eucharist was

celebrated by the former Archbishop of Madras Mylapore Most Rev. Dr. Chinnapa SDB. The next day's celebration began with Holy Mass which was animated by our zone. As a community we had the joy of participating actively in the liturgy, which was followed by the Eucharistic procession. Our hearts were moved with much devotion and reverence for the Lord present in the most blessed sacrament. It was like Mother Mary leading us to Jesus. Eucharistic benediction in five different places with short prayer service moved the people to tears, just like Jesus walked the streets of Palestine, the Eucharistic Procession reminded us of our God who walks with us in the journey of life.

On the third day was the feast of our Lady of Mylapore, which was solemnized by Archbishop George Antony swamy {Archdiocese of Madras-Mylapore} He delivered his homily on Mother Mary focusing on her humility and Motherhood with beautiful illustrations. The day ended with a sumptuous meal for all the priests and religious of the parish, acknowledging the service which they render. On the final day we had the lowering of the flag. It was not the end, but a beginning of a new journey with our Mother. We prayed and entrusted all the sisters of the province to her maternal care. A Mother's love is the purest form of love, may each of us feel loved and cared by our dear Mother Mary all throughout our consecrated life.



Our Lady of Mylapore

Pray for Us.

Community of Santhome

SYNOD - A JOURNEY TOGETHER



As per the recommendations of Pope Francis, a new approach with various phases of the synod was inaugurated at Diocesan level in the Archdiocese of Madras-Mylapore on October 17, 2021. It was my privilege to be present at this occasion. This meaningful and participatory celebration was a unique experience for me. A fifteen-member team representing the people of God from different walks of life like: a boy, a girl, a youth, a young couple, a blind person, a lame person, a nun, a eunuch, a catechist, a priest and a family was invited to the podium before unveiling the Synod Logo placed near Our Lady of

Mylapore. During the celebration, the Synodality experience of two years from 2021 – 2023 was well explained.

Synod is a journey made together. The theme of the synod is “For a synodal church: Communion, Participation and Mission”, the tagline for the Lineamenta (preparatory document) – Listening without prejudice, speaking out with courage and parrhesia (candidly), dialoguing with the church, with society, and with the other Christian denominations. The process of synod is as equally important as the product of the synod! Hence, let us walk together with the church, within the church, and by the church.

Sr M Regina Sebastian



**The celebration of the Biblical year
which we are bringing to the closure
on 28, November
may bear much fruit in our Pauline vocation and Mission.**

Dear sisters thank you very much for your generous contribution to this Disciples India.
I would like to inform you that for the further updates,
please send your news materials with photos to the following
Email ID – inpddmwebsite@gmail.com