



Disciples India

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The month of August, is a month of celebrations. It's a month of friendship and freedom. Freedom to live for others (Sts. John Vianney, Maximillian Kolbe), freedom to rise above the daily trifles (Transfiguration, Assumption & Queenship of Mary), freedom from oppression (Independence, Onam), freedom from old ways to new ways (St Augustine).



The word freedom like love, is often misunderstood. Freedom is **the power, rooted in reason and will, to act or not to act, to do this or that**, and so to perform deliberate actions on one's own responsibility. By free will one shapes one's own life. Benjamin Franklin once wrote that “only a virtuous people are capable of freedom.” Beyond freedom of choices, true freedom lies in producing larger goodness for the largest humankind and other creatures. When we become one with the mercy of God prevailing in universe, we truly become free from fear and sorrows. Let us have courage to live life truly and fully because Jesus says ‘truth will make us free’ and according to St Irenaeus, ‘the glory of God is a person fully alive’.

So, let us read about freedom, dream about freedom and rejoice in the notion of freedom.



Dear Postulants

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Jasmita Ekka, Veronica Wilfred and Majajeiliu Malangmai Marina), who have taken another step into religious life by entering into Postulancy in the community of Calicut on 25th July, 2021.

May Blessed James Alberione our beloved Founder on whose feast day you have taken this bold step continue to inspire you in your journey of Discipleship.

We wish you a fruitful year of Postulancy.



A tribute to our dear Sr. M. Amata

Called by God,
Compelled by a vision,
Constantly trusting in God
Conveyed God's Love to us.
You are indeed a noble Soul!

We salute your pioneering Spirit, Dedication
and Commitment towards the growth
of our Indian province.

May your Soul Rest in Peace.



SAINTS WHO CHANGED THE PAGES OF HISTORY FOREVER

It was indeed a great privilege for all of us to have a session on Fr. James Alberione, founder of the Pauline Family by Sr. M. Joseph Oberto from 15-17 July, 2021 at Orsola Bhavan, Sr M. Celine Cunha our Provincial Superior remained with us in translating the content of the course in English for us. Sr. Oberto mainly emphasized more on his life journey that began in his home town and continued thereafter, she also spoke about all the undertakings that he had taken to bring about the birth of the Pauline Family in the church, The experiences which she had with our founder helped us to see founder as a man of simplicity and humility, of faith and courage, one who bubbled with love and dedication in serving God, even though he had to face many trials and difficulties in life yet believed and trusted in the love of God. After this beautiful and enlightening sessions, we learnt how to be persistent in prayer even in the midst of all the difficulties of life.



Form 19th - 21st July, 2021, Mother Regina Cesarato our former Mother General gave a webinar on 'Mother Scholastica – our first mother' from Italy. During the sessions she touched upon the life history (birth and upbringing in the family), her call to religious family, especially to be a Pious Disciples of the Divine Master. The sessions threw light upon the inner beauty of Mother Scholastica. She also vividly described her spirit of love, commitment, sacrifice and service. She was a woman of faith, hope and courage, of determination and holiness; a holy



woman and an example of true discipleship. We are grateful to God for the gift of Sr M. Regina for through her we are being boosted, for awakening our spirit to begin our spiritual adventure with Mother Scholastica saying, "Lord, you alone are enough."

We are really grateful to Sr. M. Celine Cunha and her team for organizing the international webinar which enhanced our knowledge and infused a greater love for our Founder and our First Mother. We are also grateful to Sr. M. Josephine who constantly accompanies us and her prayerful support which strengthens us. We are indeed fortunate to be sharers of the great heritage of our Pauline Family, and we desire to tread the path to holiness with commitment and zeal.

- Juniors from Mysore

CONNECTING WITH SISTERS TO MAKE A DIFFERENCE IN THEIR LIVES



We, the community of Kohima had our first online community visit with our Provincial Superior Sr. M. Celine Cunha on 1st July 2021. We had both individual and community meeting. During our community meeting she highlighted the words of Jesus and said that, "It is not you who have chosen to be part of this community but it is God who has chosen you and put together here to form a community of Joy and Spirit filled persons" based on the gospel of Jn,15.8. Then, she emphasized the gifts and fruits of the



Holy Spirit, and helped us to discover the gifts and fruits that are existing in our community and we could indeed find many of the fruits and gifts existing among us. Appreciating our community values, she encouraged us to work together in harmony towards the building of God's Kingdom through our witnessing community life.

We feel privileged to be the first ones to meet the Provincial Superior online. It was a new experience of being able to see virtually and communicate with her.

We thank God for these moments of prayer, togetherness, enlightenment and encouragement by her to carry out our mission here as community of communion. Reflecting in prayer we made a flower vas as a symbol of our community and offered to the Lord during our evening prayer.

- Community of Kohima, Nagaland



On 7 July, we the community of Jamshedpur, had the privilege of having an online personal and community meeting with our Provincial Superior, Sr M. Celine Cunha. The meeting began with a prayer and the greetings. We read together the article of the Rule of Life and a passage



from St John's Gospel, and shared our personal reflections. She then put forward few questions and asked us to answer individually. The discussions helped us to come out with various new way of functioning and to live more enthusiastically with a renewed commitment our community life and Mission. The meeting was concluded by praying for each one of us and for our ministries.

As instructed by Sr M. Celine Cunha we concluded the day with the evening prayer symbolically offering three flowers with the three leaves representing our community and mission.

- Jamshedpur community

**“I am the vine; you are the branches,
He who abide in me and I in them, bear much fruit” - John 15: 5**

The Lord compared us to the branches and compared Himself to the vine. Our relationship with the Lord is like the relationship between the vine and the branches. Away from the vine, the branches will lose the supply of life and then wither and die. From this we see that the Lord is the source of our life.

New leaves of the branches represent each member with newness of life. We are the members of new branches; we have come from different communities to abide in the community of Guwahati. We have accepted the will of our father to abide in the community to supply God’s love through our way of life by being understanding, encouraging, approachable and sensitive towards one another.



Community is a haven of strength. Where we can experience a time of refreshments, fellowship, teaching and learning, breaking of the word, prayer, love and laughter with one another and through our different activities we can activate the wholeness of our life in the community. Community life demands our sincere dedication to God as well as to one another. Let our unique gift and talents may bear much fruit, strengthen the bond of community to build a Haven Love.

We the community of Guwahati thank our heavenly Father who send the person of Sr. M. Celine Cunha our provincial Superior to meet us online in our midst to listen and direct us in the way of Jesus, through personal and community meeting.

- Guwahati Community

Give thanks to the Lord, for He is Good: His love endures forever.

(1 Chronicles 16:34)



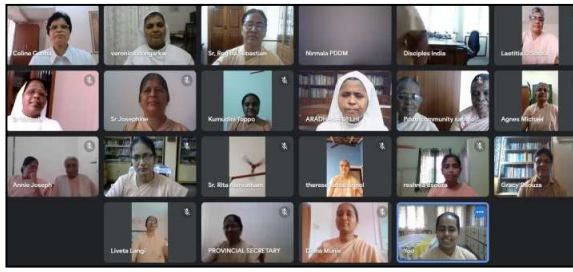
On 18 July 2021 at 9.30 am we welcomed our beloved Provincial Superior Sr M. Celine Cunha to Prashantha Nilaya with the welcome song. As she arrived there was the showers of blessings, the heavens opened with a gentle rain.

We had personal and communitarian meeting. We were encouraged to live our Eucharistic, Priestly, and Liturgical ministries in the Diocese of Mysore. The elderly priests of Prashantha Nilaya welcomed Sr M. Celine Cunha with a shawl and a garland and delicious fellowship meal. She also



individually met all the priests and the Bishop Emeritus. Her visit brought Joy and togetherness. Her two days of fraternal visit concluded on 20 July 2021. We thank God for these grace filled days.

- Sisters of Clergy Home Prashantha Nilaya, Mysore



Animators Meet - 28.07.2021 to 29.07.2021

“We bless the Father who, through Christ living in the Church, calls us to form a community of sisters, filled with joy and the Holy Spirit, to fulfill his plan”.

The meeting began with a beautiful power point presentation on Good Shepherd. First day we had a session based on the Rule of Life articles 119 & 120 by Sr. M Celine Cunha the Provincial Superior. It was a time of refreshing and reminding each of us about our responsibility and service entrusted to us, not because of our abilities but by God’s calling for a ministry. After which, the Plan of Action of the Province for the year 2021 to 2024 was presented by respective Councilors.



On the second day, we had some practical inputs session on leadership once again by Sr. M. Celine Cunha. Then, Sr. M. Florence Lark explained to us about the financial transactions that are to be carried out as animators in a very clear and informative manner. And in the evening, we were also given the chance to share about our communities and this made us feel like one big family.

As a whole the program was well prepared and we see lot of hard work and time put in by Sr. M. Celine Cunha and the team to plan and organize these two days of programs. Through the medium of technology, the nearness and presence of each other was felt from the top of the Mountain in Kohima to the down South, though physical presence is always better enjoyed and shared.

May we be a humble and credible sign of the mercy of God to all to whom we come into contact especially to our community members. Thanks Sr. M. Celine Cunha and the Provincial Team. - **Sr M. Valsa Madakachery**

DAYS TO CELEBRATE

1. Friendship Day - We thank God for all our true friends.
4. St John Vianney - Priest’s Day, as Disciples commissioned with a mission to serve the priests, we thank God for the gift of priesthood.
6. Feast of Transfiguration - Presents a preview of our future glory.
10. Islamic New Year - We pray for our Muslim brethren.
14. St. Maximillian Kolbe - Martyr of Love for the fellowmen, may we grow in true love.
15. Feast of Assumption - Reminds us that we are meant for heaven.
15. Independence Day - Let us be, proud Indians.
20. St Bernard - Foundation of Society of St Paul and of Pauline Family
21. Onam - Harvest festival of Kerala, we wish happiness and prosperity to all our Malayali sisters of the province.
22. Queenship of Mary - The reward for perfect submission to God’s will
22. Raksha Bandhan - Sisters tie an amulet called the Rakhi, around the wrists of the brothers. The latter promises protection and care for them.
27. St Monica - Symbol of perseverance in Prayer
28. St Augustine - reminds us it is never too late to begin nor too difficult to begin again.
30. Final approval of the PDDM Constitution (Rule of Life).



03. Sr M. Velencia Munis
04. Sr M. Eshwarya Lujji
09. Sr M. Diana Munis
11. Sr M. Hilda D’ Souza
11. Sr M. Florence Lark
15. Sr M. Rose Ngade
17. Sr M. Norbertha Ekka
21. Sr M. Virginia Dung Dung
25. Sr M. Luisa Monteiro
30. Sr M. Laetitia D’ Souza
30. Sr M. Lourdes Pereira

*Heavenly Birthday
2nd August, 2010
Sr. Mary James Tharappel,
Bangalore*

