



Disciples India

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During his Papal audiences Pope Francis would often repeat that today's generation needs examples and witnesses not teachers and preachers. For us Sister Disciples, Mother Scholastica is an example par excellence in the daily living out of our vows as religious persons and in our journey of discipleship. On 12th July, as we gratefully remember the 124th birthday of our dear Mother Scholastica, we gladly recall her constant "Yes" which helped our Founder to realize his vision of founding our congregation. Through her constant listening to God's Word and moulding of herself according to the will of God she paved the way for a new way of life in the church and in the Pauline Family.

In this journey of discipleship, Mother Scholastica gave her whole being to God to whom she would often say, "Lord, you are my all" and this mantra enabled her to live her vow of chastity harmoniously. The practice of poverty guided her to lead a simple life, poor in spirit and in fact. She needed nothing for herself; she never sought extras and was content with little. She was always careful to avoid the superfluous and paid attention even to the trivial things and used them with care. With regard to obedience, she was similar to the Divine Master, obedient unto death. It is this virtue that made her so different from others; she obeyed in an extraordinary manner and welcomed every act of obedience as a direct expression of the will of God. Is this not a challenge to every Sister Disciples?

We are extremely glad that on this special day nine of our Juniors will begin their 'Trimester Programme' in preparation for their Final Commitment. As we entrust this journey of theirs to the intercession of Mother Scholastica we pray that her life of purity, simplicity and total surrender to God's will inspire and strengthen their resolve to follow the Divine Master till the end.

The Beauty of a Soul

You bloomed like a flower to give fragrance to all
Each day you offered petals of love to your Master
You lived a life of simplicity to which
God had made you for eternity.

Nothing of this world was so important to you
Eucharist was the only portion of satisfaction for you
You crossed the desert of transformation
As you followed the path of Jesus Master in all your life situations.

Humiliation and exile willingly you endured
Surrendering all to Him,
As your physical health declined
You kept the fire of love within you fully alive.

As you turned each day the page of your life.
Sustained till the end in saying Lord you are my all.

You have Imprinted the beautiful book of your life in the hearts of all.

Mother Scholastica truly lived her motto in giving herself fully to the Lord till the end and this grain of wheat has bore abundant fruits in the vineyard of the Lord. Dear Mother may we also strive each day in our life to die like you and bear the fruits in our vocation and in the congregation to proclaim Jesus Master the Way the Truth and the Life.



Sr. M. Fiyona Koprea



In a virtual one-on-one conversation, the RAI UNO TELEVISION, one of the leading TV networks in Italy, interviewed Sr Mary Gracelet Mudiappan regarding the Covid situation in India and the lessons learnt from it. The questions posed were:

1. What is the present situation of Covid -19 in India?
2. What positive things happened and what are the lessons learned from it?
3. Who are the Saints most loved by the people of India?
4. What is your message for the young people of today?
5. How did you learn to speak Italian so well?



Music Ministry at Tura



The psalmist says “Acknowledge the Lord is God. His unfailing love continues forever”.

My heart overflows with gratitude and joy when I behold the works of God in the Diocese of Tura. It was the vision of Sr. Rosemary, the former Provincial Superior that our Presence in Tura should be a grace filled one, and so she encouraged us to participate in the pastoral activities of the parishes through our music ministry. It was the dawning of a new beginning; a seed began to

sprout, there was a positive response from the people and gradually we received invitations from religious communities like MSFS and some of the parish priests encouraged their parishioners to participate in the music courses. Thus, a ray of hope began to shine on us.

It was a great privilege for me to render my service through the music Ministry, the keen interest of students motivated me to give my best to them, with hard work, encouragement, determination and above all with love for music, the students excelled in their classes. Today many of our students lead the choir in the parishes, guide adorations and prayer services and so on. The crowning event was the convocation day when their hard work was rewarded with certificates. Sr. Elizabeth



Palakat Pddm, the chief guest of the day encouraged the students to continue to nurture their music talent and excel in their lives.

It is said that gratitude makes sense of the past, brings peace for today and creates a vision for tomorrow. As I look back, my heart overwhelms with gratitude for all the blessings of God which enveloped my life and the graces which accompanied me to carry out my responsibility to the best of my ability. A special note of thanks to Sr. Rosemary and her team, Sr. Virginia the superior and the community. I am also grateful to Sr. Celine Cunha my then formator and present Provincial Superior for the constant guidance



and support. May God continue to bless our music ministry in the diocese of Tura. With deep sorrow I remember my beloved student Stella, who went to eternity. May God admit her into His heavenly bliss, and grant peace and consolation to the grieving family members.

Sr M. Jeneby Basumatary

THE VISIT OF NUNCIO TO THE COMMUNITY OF ARADHANA



On June 11, 2021 the community of Aradhana had a surprise visit from Archbishop Leopoldo Girelli, the Apostolic Nuncio to India. As we received him, he was led to the Chapel. He was very impressed by having a chapel at the entrance of the house, “I liked it very much” he said. After his arrival in India, our community was his first visit besides his official appointments and he said, that “you are the lucky ones”. While having the refreshments he enquired about our



Apostolic activities at the archdiocese and said that, “I appreciate what you do, it is a service to the Church, your apostolate is very effective in the Church”. As he gave us his apostolic blessing, he added, “Live your Religious life as a testimony to the people of the world”.

A LOVING BOND OF RELATIONSHIPS



Relationships are very special in the life of all human beings. We cannot live without relating with someone because we are social beings.

We the Novices at Orsola Bhavan, Mysore got the opportunity to participate in the three days online webinar for the formees from 21st – 23rd June 2021, conducted by the Capuchin Fathers at Anugraha, Tamilnadu on topics like ‘Relationship with God, with ourselves and with others’. These topics were put forth before us in such an illustrative and interesting way making us understand these deep concepts in a simple way. How do we perceive God in the deep recess of our mind? Have we touched God? Is God like a tablet, a policeman, a magician, a businessman or is He the Good shepherd to us? We were made to realize through Ps 23 how God is near to us and it is more beautiful to touch and experience God than just to go closer to Him.

The relationship with ourselves is as much important as with others. We also learnt how to keep our mind positive and also had practical exercises to remove the mind virus of ‘I can’t and of ‘learned helplessness’ and grow in positive self love. Thus, the formula to live our life in a better way is ‘Awareness, Acceptance and Action; Relate, Utilize and Love’.

On the third day we had a session on how to relate with others. Without relationships it would be like fish without water. We were explained as to how we could build up our relationships by understanding the behavioral pattern of others through ‘Shape Psychology’ or ‘Psycho Geometrics’. We could also direct our anger in a right manner through the questions as to ‘What I am angry with? Why I am angry with? What can I do now practically?’ All these practical steps were very helpful and will continue to guide us in our journey to become better persons. We thank our Provincial Superior Sr. M. Celine Cunha and Sr. M Josephine Rodrigues for the initiatives taken for our welfare and for making this seminar possible for us and we also thank our community sisters for their support and collaboration.

**Novices: Anjela, Asmita, Rowena and Sharolin
Orsola Bhavan, Mysore**

Formation for Formators

Lock down has enabled, the digital world to be awakened which keeps furnishing us with all the knowledge and skills for each sphere. Likewise, the formators too had a Google meet launched from Anugraha by Fr Sunder Wilson OFM, Cap. on 'Accompaniment Skills'. It has been a renewed reminder for us in our ministry, namely the 'Battle of the Good and Evil'. Gal 5:16 "Walk according to the Spirit and do not give way to the desires of the flesh". Live always in the awareness of the guidance of the Holy Spirit, the 'Inner Pilot'.

Placing in front of us the six types of memories: 1. Inherited 2. Imprinted 3. Attachment 4. Separation 5. Flashbulb and 6. Morality, how can one process it to be a person of integrity, which is a lifelong process to be in Christ who is our focus and model to reach the goal namely to resemble our Eucharistic Master, which would certainly enhance our ministry as formators. Jesus the 'hearty child' facing the scorching sun giving shade to all, inviting us "COME TO ME", LEARN OF ME", the only Master and Lord.

Formators, Indian Province



CONGRATULATIONS

Dear Sr M. Rose Ngade, we the members of Indian Province rejoice with you in your successful completion of your Graduation Thesis which was well appreciated by both your moderator and co-moderator. Wishing you all the best for your further studies.



JULY

- 06. Sr M. Treasa Thannickal
- 07. Sr M. Peter Mendes
- 10. Sr M. Rahil Lakra
- 11. Sr M. Caritas Cunha
- 14. Sr M. Clelia Parathazham
- 14. Sr M. Anita Lakra
- 14. Sr M. Nirmala Dadipogu
- 23. Sr M. Casmira Mascarenhas
- 27. Sr M. Martha Binduc

DAYS OF REMEMBRANCE

1 July - National Doctors Day is celebrated to honor the doctors and their contribution to the society. During this Covid - 19 Pandemic the altruistic attitude of the doctors, Nurses and the health care workers is truly commendable.

1 July - GST Day is celebrated to mark the importance of GST, which is the new Indian taxation system.

3 July - Feast of St Thomas the Apostle of India - Foundation Day for the communities of Chennai and Nellore.

3 July - International Plastic Bag Free Day is intended to raise awareness about plastic bags' ill effects and how to reuse them.

11 July - World Population Day is envisioned to raise concerns about population issues throughout the globe.

15 July - Youth Skills Day is celebrated in order to encourage the youth to learn about vocational, technical education and training to become skilled professionals.

Heavenly Birthday

Sr M. Rosa Saldanha,
24th July, 2019 - Mumbai



Dear sisters thank you very much for your generous contribution to this Disciples India to keep us updated.

I would like to inform you that for the further updates to the same, please send your news materials with photos to the following *Email ID – inpddmwebsite@gmail.com*